

# **ADOPT-A-SENIOR**

We have a fun new opportunity this year to connect and build new relationships. We are adding an activity called Adopt-A-Senior. The goal is for you and your family to build new relationships with others in our church. We hope that this is something fun for you and your parents as you get to know someone new. This is not meant to be too time consuming and how much you pour into it is up to you.

We are asking that you visit with, or connect in some way, with your Senior three times over the confirmation year. We are asking that you schedule at least one in person visit over the course of the year. If you would like one of the pastors to go with you on your first visit, we would be happy to go with you. Below is a list of ideas, as well as the name of the Senior with whom you'll be connecting. We know that some of you may already have relationships with seniors, and we would like to encourage you to build new ones this year also.

1. Ask them their faith story. Where has God taken them in their life to be the person they are today.
2. Depending on the ability of the individual, schedule a time to visit them in their home. Get to know them, their back story, what they did for a living, what is/was their family like and what of confirmation do they remember. Our suggestion would be, get to know them on the first visit and then tell them about yourself on the second visit.
3. Send them a birthday, anniversary, baptism, Christmas, or any occasion card. Notes and letters are a great way to connect with someone.
4. Send them your schedule. We know that you are all very busy with sports, hobbies, and other school activities. Be sure to send your Senior a schedule so they can be a part of your life.
5. If they are able, invite them over to your house for dinner.
6. You may have been assigned someone who struggles getting around on their own or maybe finds it hard to get to church. Offer to bring them to church from time to time or offer to go and pick up groceries for them.
7. Sit with them in church.
8. Agree to be in prayer with them. If there is something for which you need someone to pray, reach out to your Senior and let them know.

God has placed us in communities for a reason. We are not meant to walk this world alone and the more faith driven people we have in our lives the better. It is so important to build relationships with people your own age as well as people of different generations. The wisdom that they can teach you as well as the wisdom that you are able to give them, can only make you a better person. On the next page is a sheet you will fill out and return to the Church Office when it is completed. Have fun with this and learn as much as you can!

I connected with \_\_\_\_\_  
on \_\_\_\_\_.

*In the space below, write a brief description on how you connected.*

I connected with \_\_\_\_\_  
on \_\_\_\_\_.

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I connected with \_\_\_\_\_  
on \_\_\_\_\_.

*In the space below, write a brief description on how you connected.*