

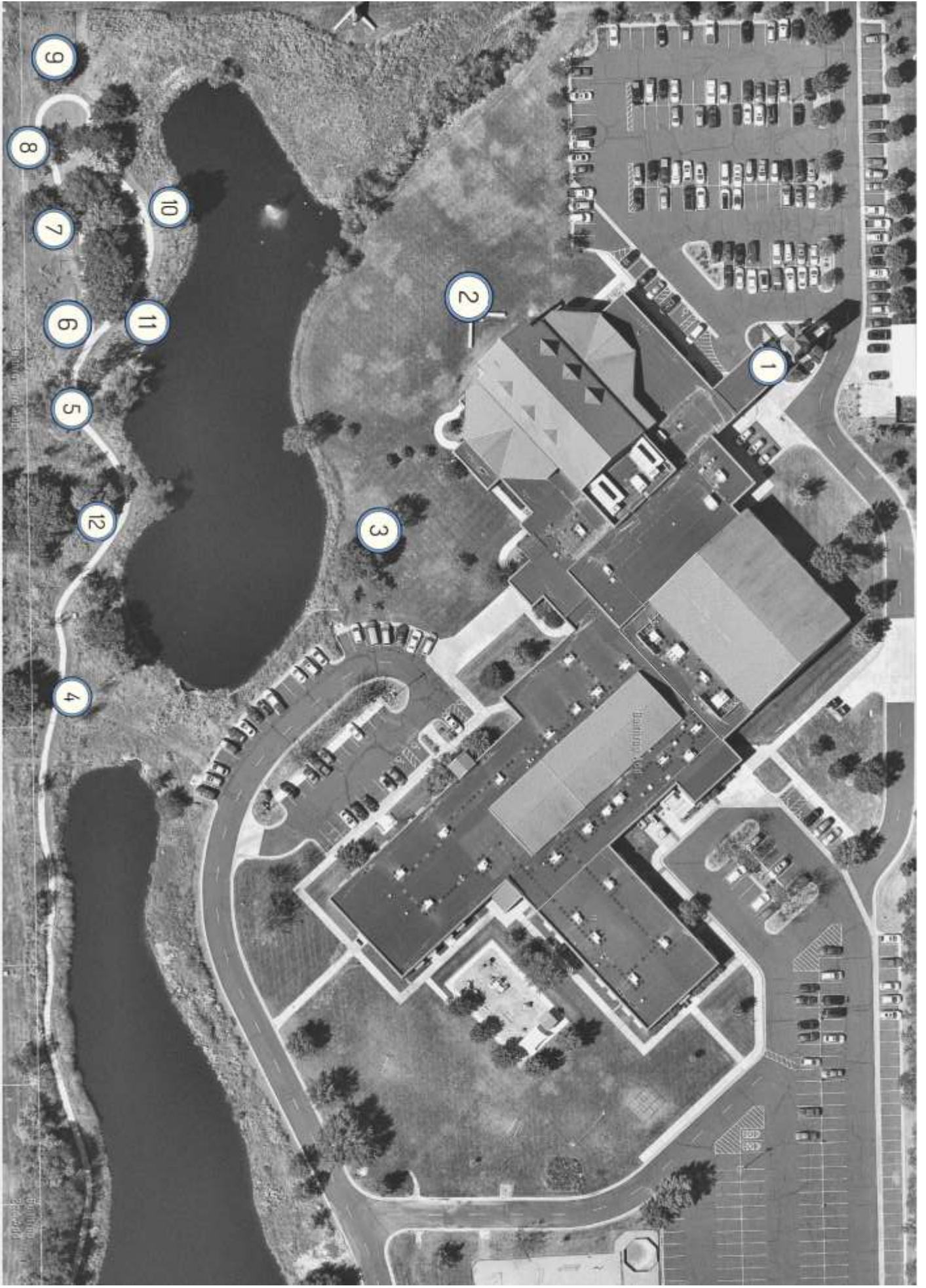


# Holy Cross

Lutheran Church & School



National Day of Prayer  
Prayer Walk



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# About the Prayer Walk...

National Day of Prayer is meant to be a CELEBRATION of the gift God gives us in prayer - an open invitation to communicate with Him at any time of the day or night. We invite you to use this Prayer Walk as a time to talk to God, personally, on any topic you like. But we also encourage you to pray on the topics provided at each 'Prayer Point' along the way. You may pray on each topic and subtopics as long as you like. We hope that you will relax, clear your head of any distractions, and take this time to have one-on-one conversation with God, our Heavenly Father.

As you walk from one 'Prayer Point' to the next, you are welcome to continue to pray, sing, or read the Scripture verses provided for each topic. There are additional hands on activities at each station for kids (or kids at heart).

The numbers for the stations are only to help coordinate with locations on the map. You are welcome to go to as many prayer areas as you would like, in whatever order you would like, using this map as a guide.



## Prayer Point #1

Pray for...

- God to clear your thoughts
- God to open your eyes and your hearts and your minds
- That you walk closer to God throughout this earthly journey

## Bible Verses to ponder as you walk...

Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Proverbs 3:5-6

He has told you, O man, what is good; and what does the LORD require of you but to do justice, and to love kindness, and to walk humbly with your God? Micah 6:8

You shall walk in all the way that the LORD your God has commanded you, that you may live, and that it may go well with you, and that you may live long in the land that you shall possess. Deuteronomy 5:33

Your word is a lamp to my feet and a light to my path. Psalm 119:105

Keep steady my steps according to your promise, and let no iniquity get dominion over me. Psalm 119:133

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus. Hebrews 12:1-2a

Therefore, as you received Christ Jesus the Lord, so walk in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving. Colossians 2:6-7



## Prayer Point #2

Pray for...

- The whole Christian Church
- Holy Cross Lutheran Church & School
- Our teachers, students, and staff; all teachers and students
- Our pastors, DCE, and leaders
- Holy Cross members & school families
- Guidance in making decisions regarding worship and events during and after the pandemic
- The Good News to be shared plainly

## Bible Verses to ponder as you walk...

1 Peter 5:2-3 - Be shepherds of God's flock that is under your care, watching over them—not because you must, but because you are willing, as God wants you to be; not pursuing dishonest gain, but eager to serve; not lording it over those entrusted to you, but being examples to the flock.

Matthew 18:20 - For where two or three gather in my name, there am I with them.

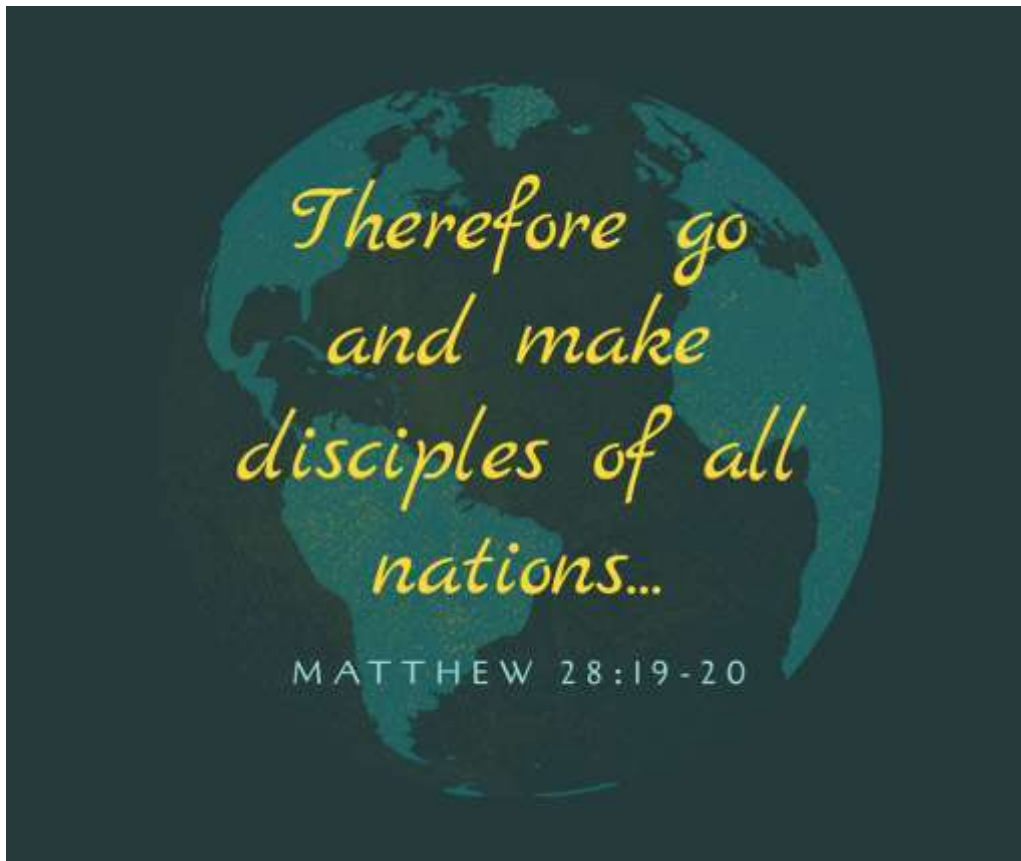
Acts 20:28 - Keep watch over yourselves and all the flock of which the Holy Spirit has made you overseers. Be shepherds of the church of God, which he bought with his own blood.

Ephesians 2:19-22 - Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household, built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. In him the whole building is joined together and rises to become a holy temple in the Lord. And in him you too are being built together to become a dwelling in which God lives by his Spirit.

Hebrews 10:24-25 - And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.

Jeremiah 3:15 - Then I will give you shepherds after my own heart, who will lead you with knowledge and understanding.

Ephesians 4:11-12 - So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up.



## Prayer Point #3

### Pray for...

- That we may help spread the Gospel to all the world
- Seminarians at CSL & CTSFW
- Orphan Grain Train
- Lights for Christ, Guatemala Mission Team
- Lutheran Braille Workers
- Fairmount Ministries
- International Friendship Center (IFC)
- Embrace, A Better Choice (ABC) Kansans For Life (KFL), Kansas Coalition For Life (KCFL), The Treehouse, Etc.
- LWML
- Holy Cross Youth
- Family and friends to come to believe



## Bible Verses to ponder as you walk...

Matthew 28:19-20 - Therefore go and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.

1 Peter 3:15 - But in your hearts revere Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect

Mark 16:15 - He said to them, "Go into all the world and preach the gospel to all creation.

Romans 1:16 - For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek.

Matthew 9:37-38 - Then he said to his disciples, "The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

Luke 10:2 - And he said to them, "The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.

John 8:31 - So Jesus said to the Jews who had believed him, "If you abide in my word, you are truly my disciples" ...



## Prayer Point #4

Pray for...

- Guidance throughout your life
- Wisdom in any decisions you face
- Your personal faith journey
- Trust in God
- Release of frustrations over the pandemic
- Peace in your heart over things out of your control
- Faith over fear

## Bible Verses to ponder as you walk...

Proverbs 3:5 - Trust in the LORD with all your heart and lean not on your own understanding.

Hebrews 13:6 - So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

Isaiah 58:11 - And the LORD will guide you continually and satisfy your desire in scorched places and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters do not fail.

James 1:5 - If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

Matthew 7:7-8 - "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. 8 For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

Matthew 7:24-27 - "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it."

Isaiah 55:8 - For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD.



## Prayer Point #5

### Pray for...

- The United States of America
- Our Leaders
  - Federal - President, Vice President, Congress, Supreme Court, Etc.
  - State – Governor, Elected Officials, Etc.
  - Local – Mayor, City Council, Police, Etc.
- Wisdom & Discernment & Guidance for all leaders
- Our Military Branches – Army, Air Force, Navy, Marines, National & State Guard & Reserves, Coast Guard
- Bills being voted on by the House & Senate

## Bible Verses to ponder as you walk...

1 Timothy 2:1-2 - I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.

Romans 13:1 - Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God.

Hebrews 13:17 - Have confidence in your leaders and submit to their authority, because they keep watch over you as those who must give an account. Do this so that their work will be a joy, not a burden, for that would be of no benefit to you.

Exodus 18:21 - But select capable men from all the people—men who fear God, trustworthy men who hate dishonest gain—and appoint them as officials over thousands, hundreds, fifties and tens.

Psalm 37:7 - Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

Psalm 33:20-22 - We wait in hope for the Lord; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, Lord, even as we put our hope in you.

Joshua 1:9 - Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.



## Prayer Point #6

Pray for...

- Provision of food, clothing, and shelter
- Jobs, money, and all we need
- Us to realize all the blessings God bestows upon us and receive them with thanksgiving

## Bible Verses to ponder as you walk...

Matthew 6:30-34 – If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

2 Corinthians 9:8 - And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

Luke 12:24 - Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds!

Genesis 9:3 - Everything that lives and moves about will be food for you. Just as I gave you the green plants, I now give you everything.

Philippians 4:19 - And my God will meet all your needs according to the riches of his glory in Christ Jesus.

Psalms 34:10 - The lions may grow weak and hungry, but those who seek the Lord lack no good thing.

Psalms 145:15-16 - The eyes of all look to you, and you give them their food at the proper time. You open your hand and satisfy the desires of every living thing.



## Prayer Point #7

### Pray for...

- Families and the relationships within them
- Strong marriages
- Parents as they train up their children in God's love
- Children and our youth
- Those looking for a godly husband or wife
- Those wishing to have children or suffering from infertility, seeking adoption, or opening their homes to foster care
- Those faced with unplanned pregnancies, that we may cross paths with them and come alongside them
- Those who grieve the death of a parent or family member
- Those that have suffered miscarriages, stillbirth, and/or the loss of a child
- Grandparents and all Senior Citizens that they may find joy and purpose in their day to day life



## Bible Verses to ponder as you walk...

Ephesians 5:25 - Husbands, love your wives, just as Christ loved the church and gave himself up for her.

Proverbs 22:6 - Start children off on the way they should go, and even when they are old they will not turn from it.

Proverbs 1:8 - Listen, my son, to your father's instruction and do not forsake your mother's teaching.

1 Peter 4:8 - Above all, love each other deeply, because love covers over a multitude of sins.

Deuteronomy 6:6-7 - These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Exodus 20:12 - Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.

Matthew 19:4-6 - "Haven't you read," he replied, "that at the beginning the Creator 'made them male and female,' and said, 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh'? So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate."

Luke 18:16 - But Jesus called the children to him and said, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these.



## Prayer Point #8

Pray for...

- Confession of Sins
- Forgiveness
- Forgiving Others
- Pure thoughts and holy desires
- A joyful & steadfast spirit

## Bible Verses to ponder as you walk...

Ephesians 4:31-32 - Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Psalms 103:11-12 - For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; as far as the east is from the west so far does he remove our transgressions from us.

Titus 3:4-7 - But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom he poured out on us generously through Jesus Christ our Savior, so that, having been justified by his grace, we might become heirs having the hope of eternal life.

Colossians 3:12-13 - Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. 13 Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

1 Peter 3:9 Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing.

Proverbs 28:13 - Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

Acts 3:19 - Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

2 Corinthians 5:17 Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

Isaiah 1:18 - "Come now, let us settle the matter," says the LORD. "Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.



Let the  
**PEACE**  
of Christ rule in your hearts...  
Colossians 3:15

## Prayer Point #9

Pray ...

- That you may you be filled with the joy that comes from Christ
- That you find contentment
- That God gives you peace
- To turn your anxieties and burdens over to God
- That God rules your heart so you do not focus on hurt or fear
- With thanksgiving for the gift of grace
- For rest, especially for those with insomnia and sleeping disorders
- For guidance to find balance between concern and worry, activity and busyness

## Bible Verses to ponder as you walk...

John 14:27 – Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

Matthew 11:28- “Come to me, all you who are weary and burdened, and I will give you rest.”

John 16:33 – “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

Philippians 4:6-7 - Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Matthew 6:26-28 - Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life. And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin.

Isaiah 41:10 - So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Mark 5:36 - Overhearing what they said, Jesus told him, “Don’t be afraid; just believe.”

1 Peter 5:7 – Cast all your anxiety on him because he cares for you.



## Prayer Point #10

Pray for...

- Health
- Healing for those who are sick or injured
- First Responders/all Medical Professionals
- Those dealing with cancer and other chronic illnesses
- The coronavirus pandemic
- Health & support of the mentally ill
- Those isolated in nursery homes & nursing home staff & employees

## Bible Verses to ponder as you walk...

3 John 1:2 - Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

Jeremiah 30:17 - But I will restore you to health and heal your wounds,' declares the Lord...

Ezekiel 34:16 - I will search for the lost and bring back the strays. I will bind up the injured and strengthen the weak, but the sleek and the strong I will destroy. I will shepherd the flock with justice.

Romans 12:13 - Share with the Lord's people who are in need. Practice hospitality.

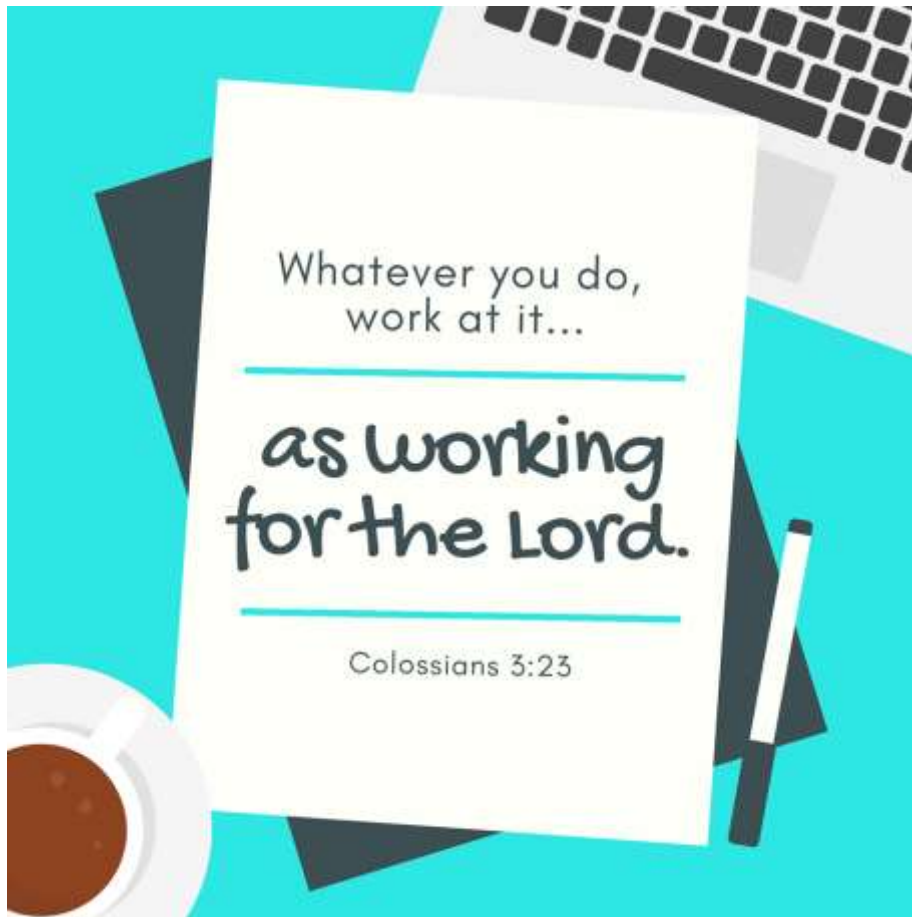
Ruth 2:12 - May the Lord repay you for what you have done. May you be richly rewarded by the Lord, the God of Israel, under whose wings you have come to take refuge.

Philippians 4:13 - I can do all this through him who gives me strength.

Luke 9:2 - and he sent them out to proclaim the kingdom of God and to heal the sick.

Jeremiah 33:6 - Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.

Isaiah 40:31 - but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.



## Prayer Point #11

### Pray for...

- How you live daily
- How you serve your neighbor, coworker, strangers
- That your words & actions may reflect God's love
- That you may love others
- Guidance in creating our new worship service and churchwide servant event
- Our Church & School team members, especially the new teachers joining our HC family.



## Bible Verses to ponder as you walk...

Ephesians 5:1-2 - Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

Galatians 5:22-23 - But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.

Ephesians 4:29 - Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Colossians 3:23 - Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.

1 Samuel 12:24 - But be sure to fear the LORD and serve him faithfully with all your heart; consider what great things he has done for you.

Ephesians 2:10 - For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Hebrews 6:10 - God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them.

John 12:26 - Whoever serves me must follow me; and where I am, my servant also will be. My Father will honor the one who serves me.

2 Chronicles 15:7 - But as for you, be strong and do not give up, for your work will be rewarded.



## Prayer Point #12

- Praise the Lord!
- Be thankful for everything He has done!
- Count your blessings!
- Praise the Lord!

*Bible Verses to ponder as you walk...*

Psalm 98:4 - Make a joyful noise to the Lord, all the earth; break forth into joyous song and sing praises!

James 1:17 - Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

Psalms 34:1 - I will bless the Lord at all times; his praise shall continually be in my mouth.

Colossians 4:2 - Devote yourselves to prayer, being watchful and thankful.

Isaiah 25:1 - Lord, you are my God; I will exalt you and praise your name, for in perfect faithfulness you have done wonderful things, things planned long ago.

Psalms 103:1 - Praise the Lord, my soul; all my inmost being, praise his holy name.

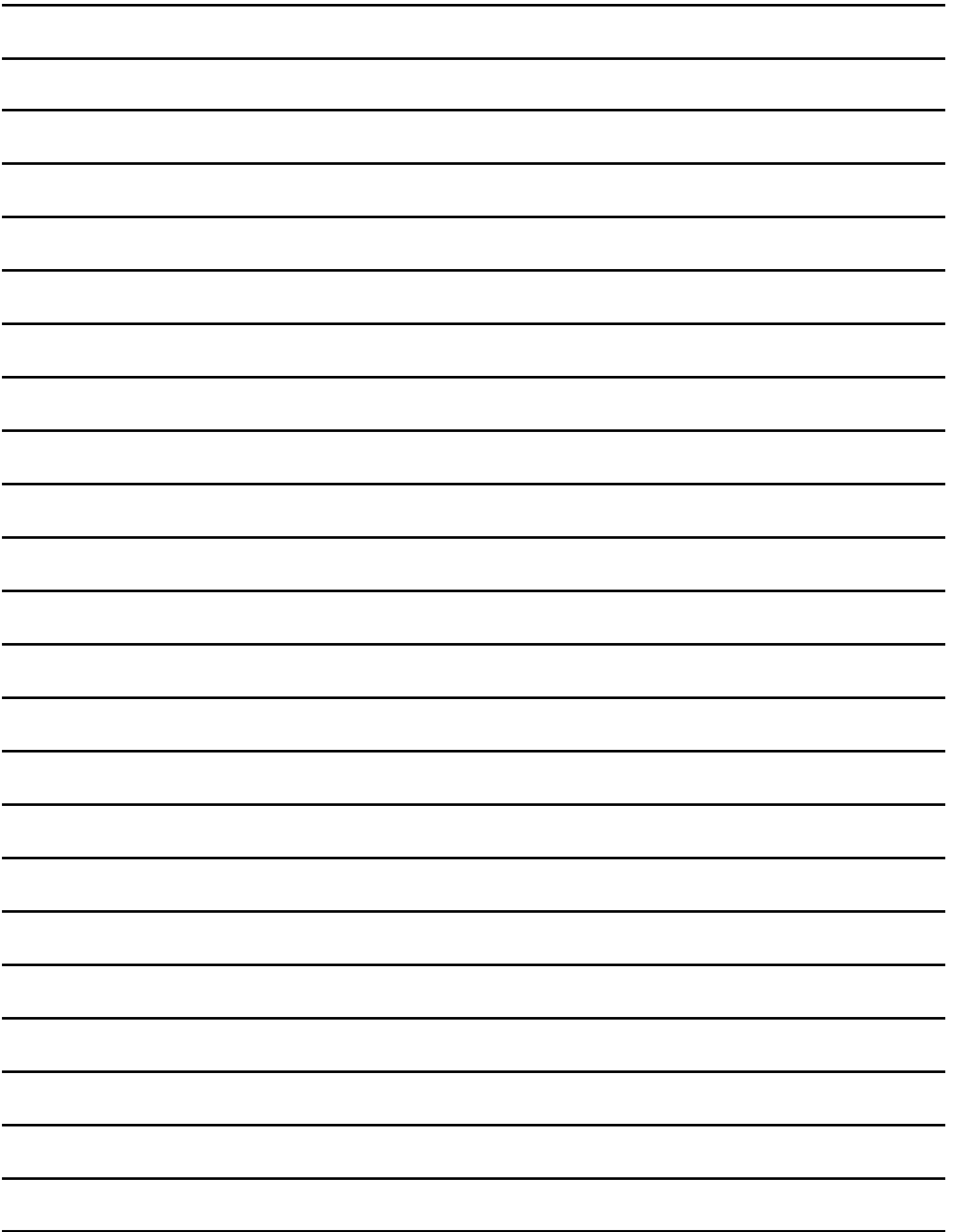
1 Chronicles 29:11 - Yours, Lord, is the greatness and the power and the glory and the majesty and the splendor, for everything in heaven and earth is yours. Yours, Lord, is the kingdom; you are exalted as head over all.

2 Corinthians 1:3-4 - Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Samuel 7:22 - How great you are, Sovereign Lord! There is no one like you, and there is no God but you, as we have heard with our own ears.

Psalms 100 - Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs. Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations.







# Daily Prayer Checklist

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Use this list to pray every day...

- Praise God for His almighty power and perfect love.
- Thank God for promising to always be with us.
- Ask God to heal those who are sick.
- Ask God to comfort those who are afraid.
- Ask God to protect those in the medical field
- Ask God to give leaders wisdom.
- Ask God to forgive your sins and heal our nation.
- Ask God to use the church to share His love.
- Ask God to bring revival through this time.

*Read Psalm 121 out loud to close out your prayer time.*

I lift up my eyes to the mountains—where does my help come from?  
My help comes from the LORD, the Maker of heaven and earth.  
He will not let your foot slip—he who watches over you will not slumber;  
indeed, he who watches over Israel will neither slumber nor sleep.  
The LORD watches over you— the LORD is your shade at your right hand;  
the sun will not harm you by day, nor the moon by night.  
The LORD will keep you from all harm—he will watch over your life;  
the LORD will watch over your coming and going both now and forevermore.

# Hands of PRAYER

"Pray without ceasing."  
-1 Thess 5:17

